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Does Mindfulness Really Work?

Some scientists fear the hype
is outpacing the science

Secrets to a happy life • Nobel's gender problem • The OCD brain

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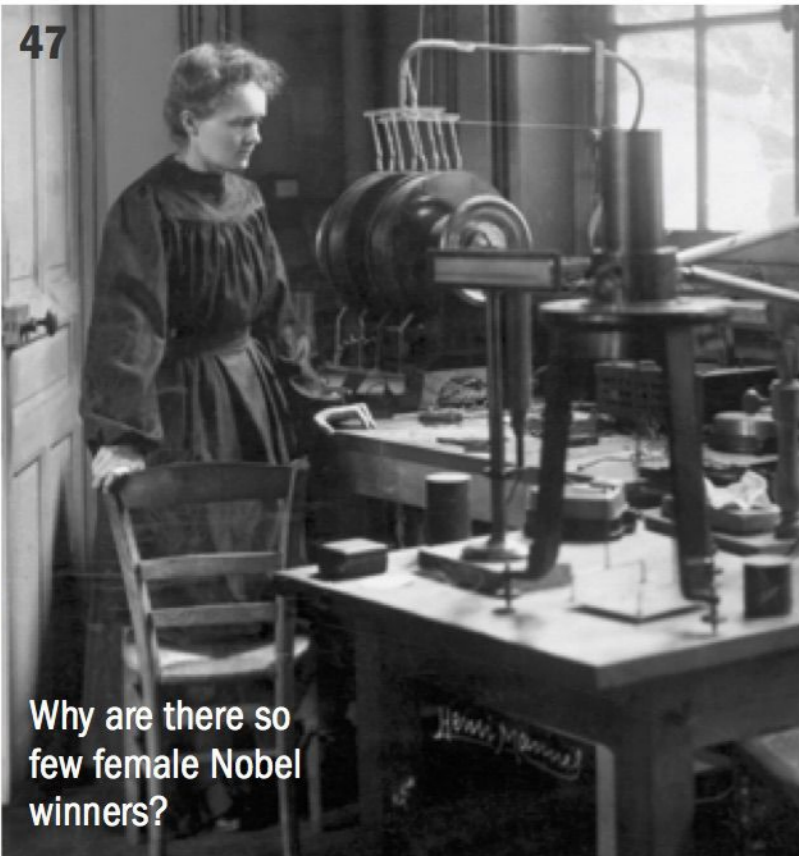
Head injury impacts girls differently



PEDRO BLANCO GETTY IMAGES

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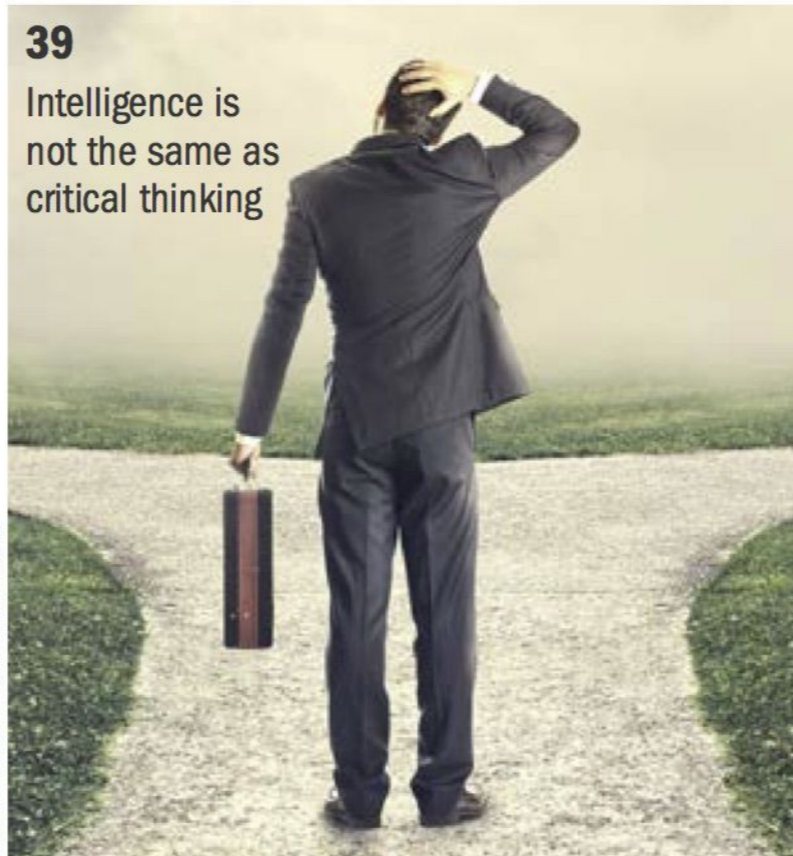
Why are there so few female Nobel winners?



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Intelligence is not the same as critical thinking



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NEWS

Concussion Recovery Is Slower in Girls, Mounting Evidence Suggests

A new study adds to findings that female children and adolescents are more susceptible to head injuries

Ultimately, Prins says, researchers need an objective test to determine whether an individual has had a concussion. Scientists are currently working on developing better neuroimaging measures and identifying biomarkers in blood and other bodily fluids. In the meantime, however, one thing does appear to be clear: Concussion risk factors—and how they may differ by sex—require further scrutiny. Understanding what preinjury conditions are associated with recovery has important implications for treatment, Collins says. “The bottom line here is the injury needs to be recognized, the patient needs to be taken out of play and the [concussed] kids need to go to the clinics where they can get the multidisciplinary care that they need.”

— Diana Kwon

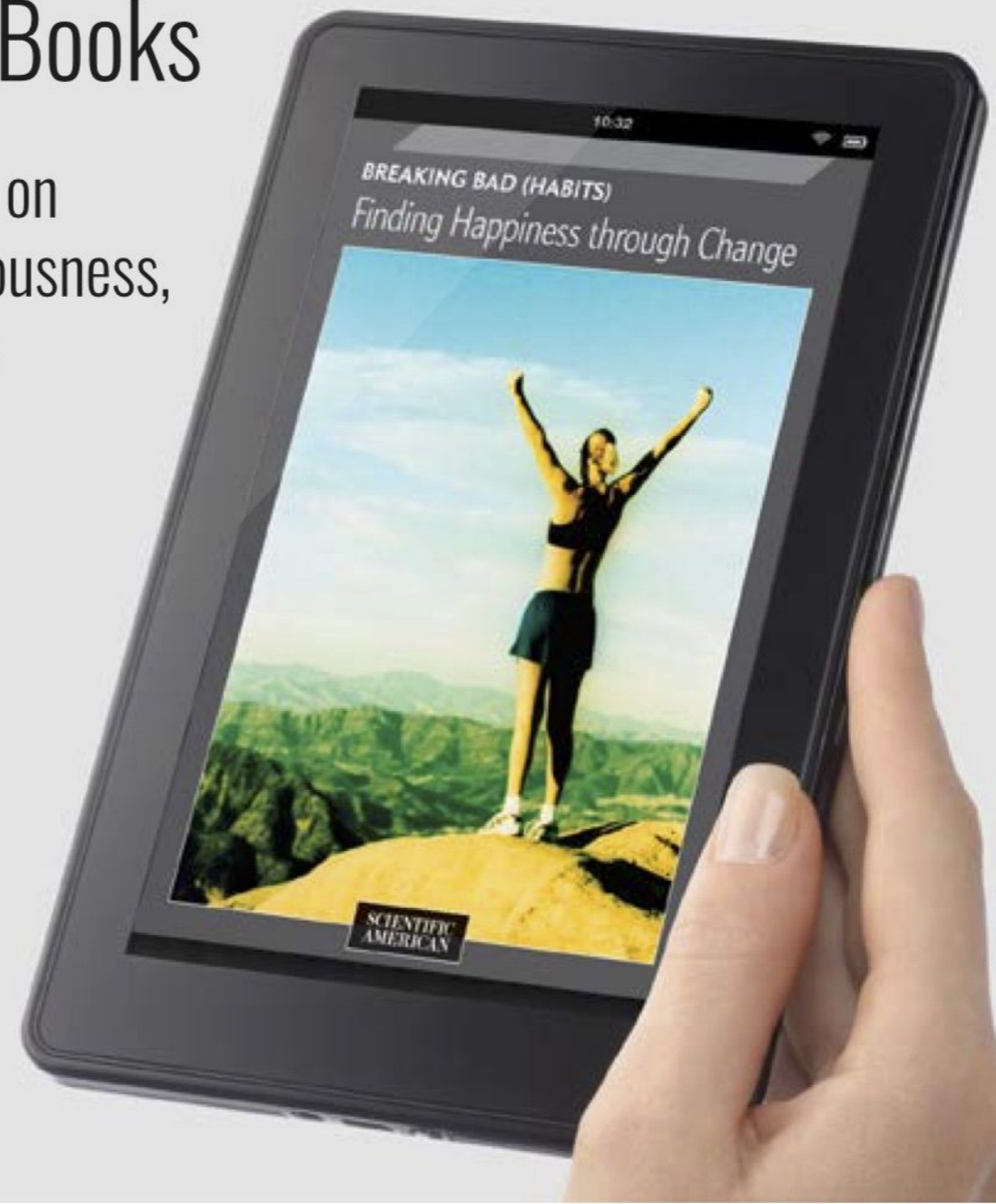
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NEWS

Link between Adolescent Pot Smoking and Psychosis Strengthens

Research presented at a Berlin psychiatric conference shows teenage cannabis use hastens onset of schizophrenia in vulnerable individuals