

SEPTEMBER/OCTOBER 2018 | MIND.SCIENTIFICAMERICAN.COM

SCIENTIFIC AMERICAN **MIND**

BEHAVIOR • BRAIN SCIENCE

The Art of Lying

One of humanity's
most vilified behaviors
is a sophisticated
feat of the mind

PLUS

How
Teens
Think

Mental
Navigation
on the Fly

Your Brain
on Social
Media



CONTENTS

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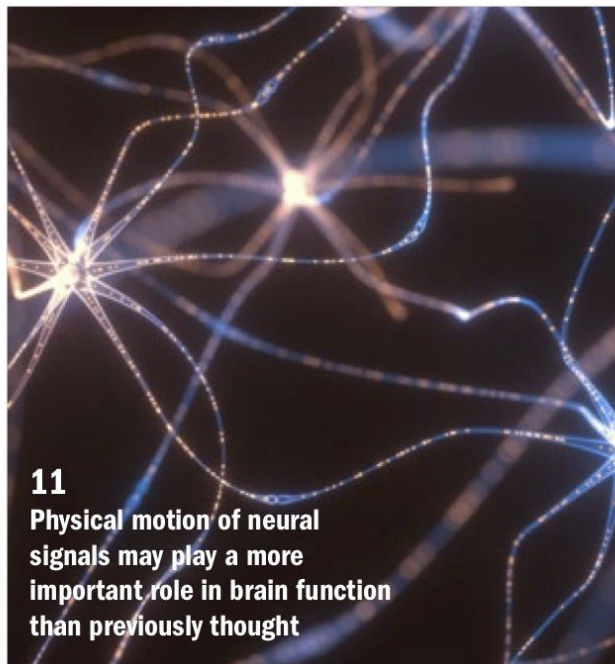
5
Research could help explain why people think things are getting worse when they are actually getting better

TS PHOTOGRAPHY GETTY IMAGES



8
European nations see biggest increases in use of stimulants such as Ritalin by people seeking brain-boosting effects

GETTY IMAGES



11
Physical motion of neural signals may play a more important role in brain function than previously thought

News

- 5 The Despondent Mind: Are Our Brains Wired for Doom and Gloom?**
Research could help explain why people think things are getting worse when they are actually getting better
- 8 Use of “Smart Drugs” on the Rise**
European nations see biggest increases in use of stimulants such as Ritalin by people seeking brain-boosting effects
- 11 “Traveling” Brain Waves May Be Critical for Cognition**
Physical motion of neural signals may play a more important role in brain function than previously thought
- 15 Early Life Experience: It's in Your DNA**
Surprising study suggests experiences while young cause the brain to experience changes to the genome

CONTENTS

DAVID VAAKNIN FOR NATURE



33
How does the brain
know where it is?
Nachum Ulanovsky
hopes his flying
friends can help him
find the answer

Features

18 The Art of Lying

Lying has gotten a bad rap. In fact, it is among the most sophisticated accomplishments of the human mind. But how can one tell if a person is fibbing?

26 Sex, Drugs and Self-Control

It's not just about rebellion. Neuroscience is revealing adolescents' rich and nuanced relationship with risky behavior

33 Bat Man

How does the brain know where it is? Nachum Ulanovsky hopes his flying friends can help him find the answer

Opinion

41 Yes, Make Psychedelics Legally Available, but Don't Forget the Risks

Psychedelics have psychological and spiritual benefits, as a new best seller claims, but they're far from a panacea

45 What Your Facebook Network Reveals about How You Use Your Brain

If your friends mostly know each other only indirectly, through you, you're likely to be a better problem solver and to be more successful overall

48 Why We Need to Take Pet Loss Seriously

How to handle grief after a pet's death—and why we all need to change our attitudes about it

PERY BURGE GETTY IMAGES



41
Psychedelics have
psychological and
spiritual benefits, as
a new best seller
claims, but they're
far from a panacea

CHRISTIN LOIA GETTY IMAGES



48
How to handle grief
after a pet's death—
and why we all need
to change our
attitudes about it



NEWS

The Despondent Mind: Are Our Brains Wired for Doom and Gloom?

Research could help explain why people think things are getting worse when they are actually getting better



NEWS

Use of “Smart Drugs” on the Rise

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NEWS

Early Life Experience: It's in Your DNA

Surprising study suggests experiences while young cause the brain to experience changes to the genome

A man in a dark suit and glasses is shown in profile, pointing his right index finger towards a large, dark shadow of himself cast on a light-colored wall behind him. The shadow is positioned to the left of the man, suggesting he is standing in a light source from the right. The man has a serious expression and is looking towards the shadow.

THE ART OF LYING

Lying has gotten a bad rap. In fact, it is among the most sophisticated accomplishments of the human mind.

But how can one tell if a person is fibbing?

By Theodor Schaarschmidt

Sex, Drugs and Self-Control

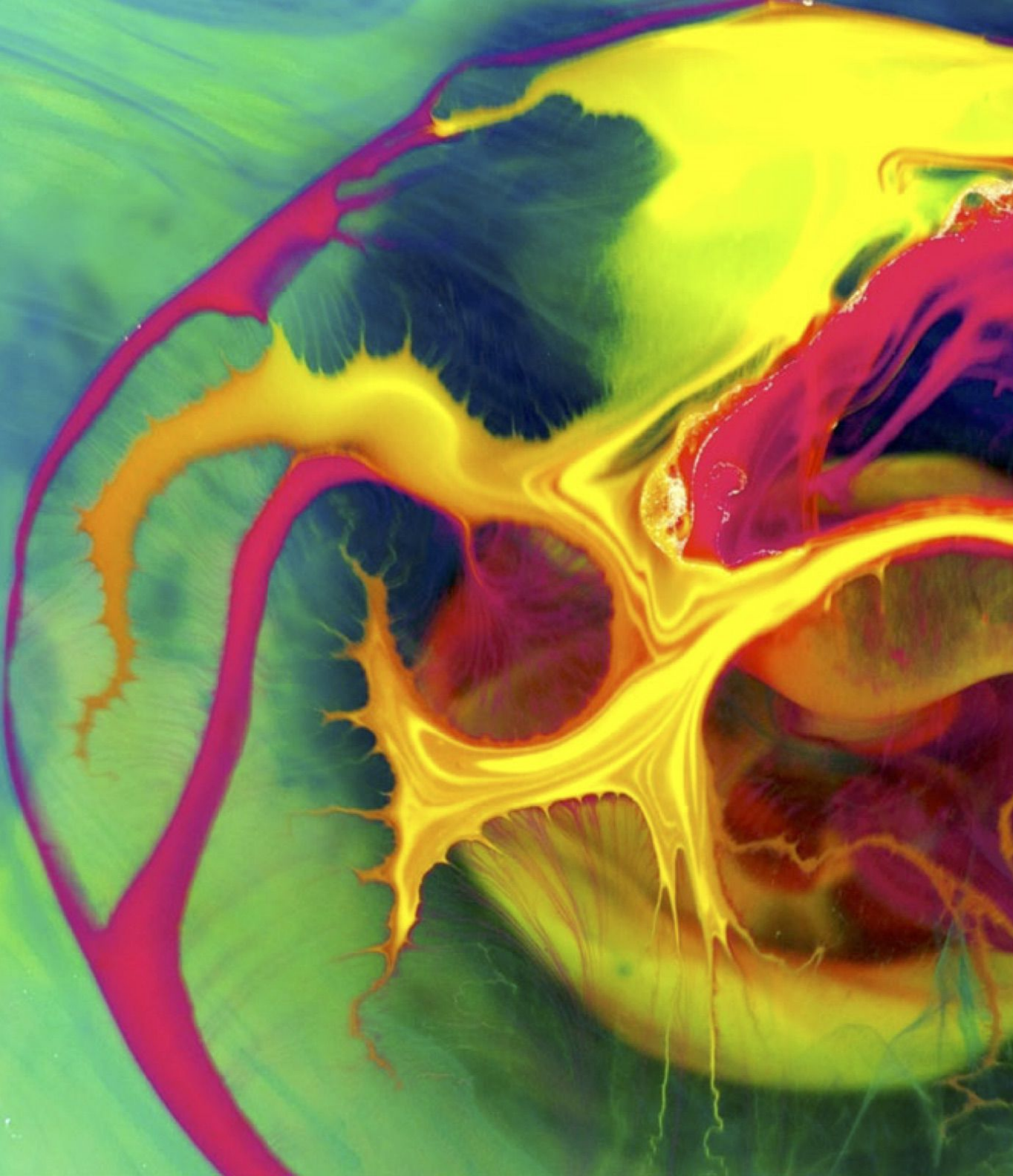
A young man in a dark blue t-shirt and shorts is captured mid-air, jumping over a wall. The wall is constructed from large, colorful wooden planks in shades of blue, red, and grey, arranged in a geometric pattern. The background is a clear blue sky with some light clouds. The overall scene suggests a sense of rebellion or risk-taking.

It's not just about rebellion.
Neuroscience is revealing
adolescents' rich and
nuanced relationship
with risky behavior
By Kerri Smith



Bat IV Man

How does the brain know where it is? Nachum Ulanovsky hopes his flying friends can help him find the answer
By Alison Abbott



OPINION

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By John Horgan

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OPINION

What Your Facebook Network Reveals about How You Use Your Brain

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By Emily Falk and Michael Platt

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